

8 of CUPS - INDOLENCE

Key Words: *Saturn in Pisces; stagnation; obstruction, emotional blockage; laziness; unclearness; swamp.*

After the dissolution, debauchery (Seven of Cups) follows indolence. The energy has fizzled out, the handles of the copper cups (compare with Seven of Cups) are broken. Too much pleasure and excessive indulgence!

The water of the emotions stands, not renewed by any spring. It begins to stagnate, and the mists of foulness rise to the skies and cloud the light of clarity. The two remaining lotus flowers continue to spill out their energies. But in this situation, it's wasted effort. The foul, stagnant water swallows up their small bit of freshness and vitality immediately. It sinks into the sluggish, viscous marsh.

You have already wasted enough of your energy on people who give nothing in return. You have filled them with your energy, but they were like bottomless barrels. You feel empty and sucked dry. This painting speaks of an interpersonal situation in which the river of energy has stagnated. The more you try to revitalize a relationship which has fallen into a rut, the more powerless and empty you will feel. Any attempt to re-energize the other will dissipate your energies further, without achieving any results.

Indications: It's time you consider yourself, set some limits, and say »No«. It may be an old behavior pattern to always direct your love toward people from whom nothing comes in return. This may be a sign indicating your fears of accepting love.

Questions: What people come to mind for you in this context? Are you ready to dare to set limits and stand by them? In what situations do you hide your true feelings?

Suggestion: Draw another card to learn what will change when you are able to say »No«.

Affirmation: Develop your own affirmation on the basis of the additional cards you have drawn.

The Eight of Cups is indolence, or emotional inertia as a result of over-giving patterns. This symbol represents emotional stagnation and inertia as a result of over- extending yourself and not honoring your own limits and boundaries or being able to set limits and boundaries. The Eight of Cups represents the emotional state of feeling tired, drained, depleted, and emotionally ripped off, as a result of filling others' needs and wants to the brim, which is symbolized by the lighted holes in the sea that are filled up with over- extended energy. This symbol reflects the tendency to over-give or randomly over-extend oneself. It symbolizes a need to honor your own limits and boundaries, especially in areas where one is emotionally involved. The astrological aspect of this symbol is Saturn in Pisces. The planet Saturn reminds us that we must establish structures or discipline in our life, and Pisces is the astrological symbol of emotional fluidity. Saturn in Pisces reminds us that we need to know what our limits and boundaries are emotionally, otherwise, we will totally over-extend ourselves emotionally and experience the results of depletion, exhaustion and emotional unfulfillment.

Whenever you pull the Eight of Cups, it indicates that personally and professionally, you have over- extended your energies to the point of emotional exhaustion and depletion or burn-out. The next eight weeks or the next eight months would be a good time to honor your limits and boundaries and to break old patterns of over- extension in any arena of your life. The next eight weeks or the next eight months may also be a time when it is important for you to set emotional limits and boundaries with important Pisces people in your life, anyone born February 21 to March 21; or that this may be a reminder that the month of Pisces is a time to honor your own limits and boundaries and not to over-extend yourself emotionally in personal and professional aspects of your life. The Adjustment card is the Major Arcana card which can fist you in the next eight weeks or the next eight months in breaking old patterns of over-extension that lead to indolence, inertia or stagnation. The Eight of Cups also reflects that in the next eight weeks or the next eight months, that you may want to break old over-extension patterns that may have resurfaced in the last eight months or may go back to eight years ago or may even go back to when you were eight years old. It might be interesting to see which of your parents had emotional patterns of over-giving or over-extending to such a point that it led to emotional exhaustion or depletion, because somehow in the next eight weeks or the next eight months, you are no longer willing to be the lineage bearer or the legacy bearer of family indolence patterns or over-extension patterns.